



**University of Wisconsin – Stevens Point
School of Health Care Professions**



University of Wisconsin
Stevens Point

Course Title: Health Science 499: Responding to Emergencies: Comprehensive First Aid/CPR/AED

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Office Hours: By appointment Available between 8am-8pm

REQUIRED TEXT – Responding to Emergencies – Available as PDF in Canvas

COURSE DESCRIPTION: The primary purpose of the American Red Cross Responding to Emergencies: Comprehensive First Aid/CPR/AED program is to help students recognize and respond appropriately to cardiac, breathing and first aid emergencies. The courses in this program teach students the knowledge and skills needed to give immediate care to an injured or ill person and to decide whether advanced medical care is needed.

COURSE OBJECTIVES:

1. Before Giving Care/Checking an Injured or Ill Person

- Describe how to recognize an emergency.
- Identify how to reduce the risk of disease transmission when giving care.
- Explain how to activate and work with the emergency medical services (EMS) system.
- Understand and identify major body cavities, body systems and anatomical terms commonly used to refer to the body.
- Explain how to check a responsive and unresponsive person for life-threatening and non-life-threatening conditions.
- Recognize the signs and symptoms of shock and describe how to minimize its effects.

2. Before Giving Care/Checking an Injured or Ill Person

- Recognize the signs of a cardiac emergency.
- Identify the links in the Adult and Pediatric Cardiac Chain of Survival.
- Describe how to care for a heart attack.
- Recognize the signs of cardiac arrest, and demonstrate how to give CPR until emergency medical care arrives.
- Identify precautions to take when using an AED on a person in sudden cardiac arrest.
- Demonstrate how to use an AED.
- Demonstrate how to care for a person who is choking.
- Recognize the signs and symptoms of a breathing emergency.

3. First Aid

- Recognize life-threatening bleeding and demonstrate how to control it.
- Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them, including splinting.
- Identify signs and symptoms of head, neck or spinal injuries.
- Recognize the signs and symptoms of injuries to the chest, abdomen and pelvis, and describe how to care for them.

- Recognize the signs and symptoms of sudden illness – including poisoning; bites; stings; and substances such as stimulants, hallucinogens and opioids – and describe how to care for them.
- Recognize the signs and symptoms of heat-related emergencies and cold-related emergencies, and describe how to care for them.
- Describe the care given to a person experiencing anaphylaxis.
- Demonstrate the use of an epinephrine auto-injector.
- Recognize the signs and symptoms of water-related emergencies.
- Describe unique considerations when in an emergency involving children, older adults, people with disabilities and people who do not speak your language.

COURSE REQUIREMENTS/EXPECTATIONS:

- Attend and participate in all class sessions. Note: If a student must miss a session, the instructor should assign the appropriate make-up work to cover the course material missed during the student's absence.
- Participate in all skill sessions.
- Demonstrate competency in all required skills and scenarios.
- Pass each section of the written exam with a score of 80 percent or better.
- Students are expected to treat everyone with respect and disrespect of any kind will not be tolerated. If anyone feels uncomfortable during class for any reason, please feel free to discuss your concerns with the instructors.

GRADING PLAN

A = 90-100 B = 80-89 F = below 80

UNIVERSITY POLICIES

- Academic Integrity
 - The board of regents, administrators, faculty, academic staff and students of the university of Wisconsin system believe that academic honesty and integrity are fundamental to the mission of higher education and of the university of Wisconsin system. The university has a responsibility to promote academic honesty and integrity and to develop procedures to deal effectively with instances of academic dishonesty. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others' academic endeavors. Students who violate these standards must be confronted and must accept the consequences of their actions.
- Attendance Policy
 - Attend all your classes regularly. We do not have a system of permitted "cuts." If you decide to drop a class, please do so using myPoint or visit the Enrollment Services Center. Changes in class enrollment will impact your tuition and fee balance, financial aid award and veterans educational benefit. During the first eight days of the regular 16 week term, your instructor will take attendance (see [Attendance Roster Reporting](#)). If you are not in attendance, you may be dropped from the class. You are responsible for dropping any of your enrolled classes.
- Drop/Add/Withdrawal Policy
 - You are expected to complete the courses for which you register. If you decide you do not want to take a course, you MUST follow the procedures established by the university to OFFICIALLY DROP the course. If you never attend or stop attending a course and fail to officially drop, you will receive an F in the course at end of the semester.

- Incomplete Policy
 - If you are unable to complete your work in a course due to extenuating circumstances or if you need to extend your research or performance beyond the normal limits of a term, you may ask the instructor for an “incomplete” in the course. You will have until the end of the next semester (excluding summer session) to complete the work unless your instructor gives you an earlier deadline. Failure to complete the work prior to the appropriate deadline will result in a grade of F.
- Students’ Rights and Responsibilities
 - The Office of Student Rights and Responsibilities protects your rights as a student. If you believe that your rights have been violated, or if you have questions concerning your rights, write or visit the office in Room 139 Delzell Hall, or call 715-346-2611.
- Academic Accommodation Policy
 - Individuals seeking accommodations are expected to demonstrate initiative in obtaining and arranging assistance. The Accommodation Request Form needs to be completed for each qualified student with a disability on a one-to-one basis. Students are encouraged to meet with the Disability & Assistive Technology Center staff early in the semester to discuss which accommodations are appropriate (based on disability and documentation) and what accommodations are needed.
- Emergency Procedures
 - “In the event of a medical emergency, call 911 or use red emergency phone. Offer assistance if trained and willing to do so. Guide emergency responders to victim.
 - In the event of a tornado warning, proceed to the lowest level interior room without window exposure in the athletic training facility. Avoid wide-span rooms and buildings.
 - In the event of a fire alarm, evacuate the building in a calm manner. Meet outside the Quandt Gym entrance. Notify instructor or emergency command personnel of any missing individuals.
 - Active Shooter – Run/Escape, Hide, Fight. If trapped hide, lock doors, turn off lights, spread out and remain quiet. Follow instructions of emergency responders.
 - See UW-Stevens Point Emergency Management Plan at www.uwsp.edu/rmgt for details on all emergency response at UW-Stevens Point.”
- **All University Policies can be found in the University Handbook**
<http://www.uwsp.edu/acadaff/Pages/handbook.aspx>